

# St. Thomas The Apostle Anglican Church

110 Francis Street, Cambridge ON, N1S 2A1

## “KEEPING IN TOUCH – November 2020”

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### HEY → THAT’S USEFUL!

Did you know that **if you dial “211”** on your telephone you will reach a trained specialist who can help you access over 56,000 community and social services across Ontario? When you don’t know where to turn, call 211.

The same way we have “911” for police, fire and medical emergencies and “411” for business and residential phone numbers, you can use “211” to get information and referrals to:

- \* health services & supports
- \* housing & utility help
- \* seniors’ services & home care
- \* disability support programs
- \* financial & social assistance
- \* food assistance & meal programs
- \* government program assistance
- \* parenting & family programs

This service can also be reached by searching [www.211ontario.ca](http://www.211ontario.ca) on the internet.

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### RECIPE OF THE MONTH → Tortilla Pinwheels *(submitted by Susan Grenville)*

Here is a really simple, yummy recipe if you need a snack or hors d'oeuvres.

#### Ingredients

- 1 (8 ounce) tub of whipped cream cheese
- 10 (10-inch) flour tortillas
- 1/2 cup green onions chopped
- 1/4 cup chopped black olives (optional)
- 3/4 cup chopped ham slices

#### Directions

1. Spread cream cheese evenly on tortillas.
2. Sprinkle the green onions, chopped olives, and chopped ham slices evenly over the 10 tortillas.
3. Roll tortillas up jelly roll style.
4. Cover with plastic wrap, and refrigerate for 2 hours.
5. Remove from refrigerator and slice at 3/4 inch intervals.
6. Arrange on tray and serve.

# Keep Your Brain Active!!!

## Free Printable Crossword Puzzle #5

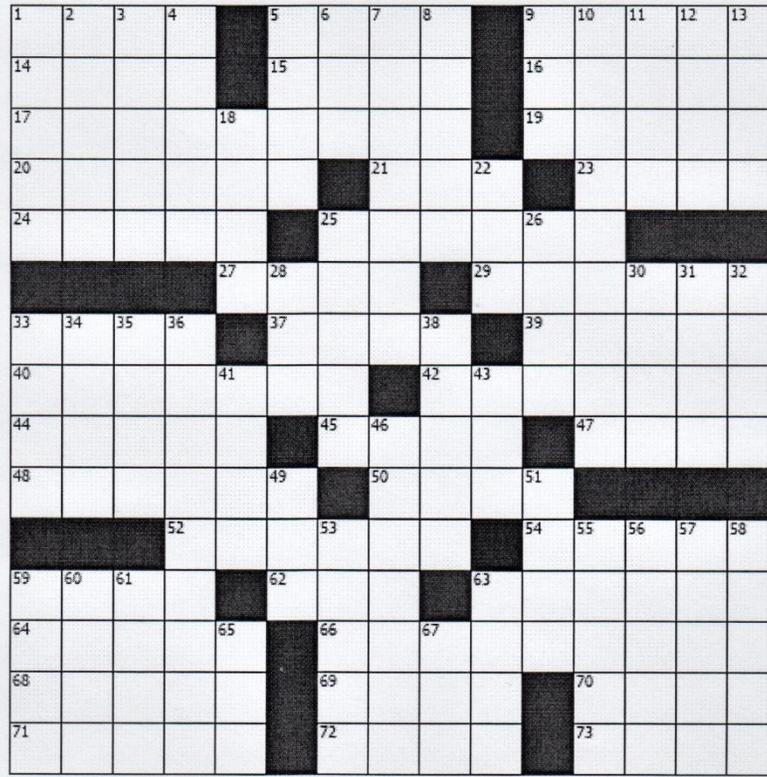
This is the Daily Crossword Puzzle #5 for Sep 24, 2020

Find the solution at

<https://onlinecrosswords.net/65821>

### Across

1. Baldwin or Guinness
5. Grade
9. Theater attendant
14. Launder
15. Hymnal word
16. Ante
17. Colleague
19. Consumed
20. Good sense
21. Light beam
23. Exam
24. Laundry appliance
25. French title
27. Hero's tale
29. Tiled artwork
33. Painter Salvador \_\_\_\_
37. Crafts
39. Entertain
40. Foolish
42. Aquatic mammal
44. Necessities
45. Easy \_\_\_\_ it!
47. Negatives
48. Painters' stands
50. Immense
52. President, e.g.
54. Speed checker
59. \_\_\_\_ Moore of "Ghost"
62. \_\_\_\_ diem
63. Expand
64. Sun-dried brick
66. Boat with two hulls
68. Southern beauty
69. Much (2 wds.)
70. Merge
71. Show contempt
72. Hopping insect
73. Lyric poems



### Down

- |                          |                                     |                                      |
|--------------------------|-------------------------------------|--------------------------------------|
| 1. Prize                 | 22. Sweet spud                      | 46. Comprehensive                    |
| 2. Intense beam          | 25. Bugged down                     | 49. Plant juice                      |
| 3. School assignment     | 26. Pained sound                    | 51. In good shape                    |
| 4. Opted for             | 28. Cooking vessel                  | 53. Coffee type, for short           |
| 5. Principal             | 30. Detroit product                 | 55. Texas landmark                   |
| 6. Medical group (abbr.) | 31. Words of comprehension (2 wds.) | 56. Risked                           |
| 7. Take back             | 32. Average grades                  | 57. Dickens title beginning (2 wds.) |
| 8. Work dough            | 33. Great ____                      | 58. Tears apart                      |
| 9. Manipulate            | 34. Between ports                   | 59. Specks                           |
| 10. Respected leader     | 35. Untruths                        | 60. Adam's garden                    |
| 11. Despise              | 36. Impossible to erase             | 61. Lawn tunneler                    |
| 12. Makes do             | 38. Smudge                          | 63. Computer output                  |
| 13. Housing expense      | 41. Capri or Wight                  | 65. Always, in verse                 |
| 18. Earth's center       | 43. Pack animal                     | 67. Baby's "piggy"                   |

*(see answers on next page)*

## Great Saying (instead of a Joke) of the Month

Autumn is a second Spring, when every leaf is a flower

A	L	E	C		M	A	R	K		U	S	H	E	R	
W	A	S	H		A	M	E	N		S	T	A	K	E	
A	S	S	O	C	I	A	T	E		E	A	T	E	N	
R	E	A	S	O	N		R	A	Y		T	E	S	T	
D	R	Y	E	R		M	A	D	A	M	E				
				E	P	I	C		M	O	S	A	I	C	
D	A	L	I		A	R	T	S		A	M	U	S	E	
A	S	I	N	I	N	E		M	A	N	A	T	E	E	
N	E	E	D	S		D	O	E	S		N	O	E	S	
E	A	S	E	L	S		V	A	S	T					
				L	E	A	D	E	R		R	A	D	A	R
D	E	M	I		P	E	R		D	I	L	A	T	E	
A	D	O	B	E		C	A	T	A	M	A	R	A	N	
B	E	L	L	E		A	L	O	T		M	E	L	D	
S	N	E	E	R		F	L	E	A		O	D	E	S	

A Chat with ... JOAN McFADDEN  
by Susan Grenville



When I was a young teenager in the 50's, my dream was to become a nurse and an airline stewardess. I read all the books about the adventures of Cherry Ames (R.N.) and Vickie Barr (flight stewardess). When I came to St. Tom's, I met Joan McFadden, who actually lived that dream.



Joan Vaughan was born in Foxwarren, Manitoba to John Henry Vaughan and Nora Copeland. In 1920, 20-year old John emigrated from England, to answer the call to 'Go West, Young Man'. He was eventually able to purchase a grain farm, where he and Nora raised Joan and her younger brother.

Joan's favourite subjects in school were literature and history. Her Mum did not think Joan should marry too early, and encouraged her to become a nurse. At age 18, Joan enrolled at a 3-year nursing program at Winnipeg General Hospital. She says the school was strict, as the students worked all the evening and night shifts (likely to give the other staff the more desirable days shifts). In part of her program, she worked in a communicable disease hospital, where there were many polio patients in iron lungs.

Life was not yet adventurous enough for Joan, and she applied to be an airline stewardess with Trans Canada Airlines. She travelled to Montreal for a 4-week course that taught her about such things as

cloud formations, travel at altitude, oxygen masks, types of aircraft, emergencies, *and* how to walk and deliver meals. [I wanted to know how stewardesses managed to work on planes in high heels; she said they were relieved when the airline told them they could switch to low-heeled shoes!]

Joan was based in Toronto. Her regular routes were to Sudbury, North Bay, Timmins, Kirkland Lake, and New York. She got to know frequent fliers, and people in the hotels where she landed. One businessman noticed when she got an engagement ring. Another man, who had to make a return flight to Toronto from New York when he learned his son had contracted meningitis, was touched that Joan asked after the little boy on a subsequent flight, months later. She was asked to do public speaking to high schoolers about a flight nursing career. She recounted a story about a lady whose family had arranged for her to celebrate her 80th birthday with her first-ever flight. When Joan delivered her meal tray, the lady was amazed that she “didn’t know you could cook up here!”

Two months after arriving in Toronto, Joan met Clayton McFadden, a 3rd-year pharmacy student. Her bus stop was next to the Tamblyn Drug Store where he worked. People were always interested in the stewardess uniform, and they eventually struck up a conversation. Airline stewardesses could not work past age 30 *or* after they were married, and Joan gave up her flight career when she and Clayton married and moved to Galt. Joan worked as a nurse at the Cambridge Memorial Hospital and also as a visiting nurse with V.O.N. They first attended Trinity, and then St. David’s.

While Clayton worked as a pharmacist and eventually the owner of Arnold Drug Store in downtown Galt, Joan raised their 2 daughters, Kathleen and Marcia. In 1966, when the girls were 6 & 4, they moved to the Crestwood Drive home where Joan still lives. There, the family joined the St. Tom’s parish. Clayton served on parish council, he and the girls sang in the choir, and Kathleen played the organ. Joan worked in the nursery and served as the ACW secretary. Clayton took courses in theology at Laurier while continuing work as a pharmacist. He was asked by the Bishop to become ordained. He filled interim positions at St. John’s, Preston and St. George’s Forest Hill, before securing his own parish at St. Paul’s, Brantford. His ministry there included the First Nations.

Kathleen just retired from a long administrative career at the Ministry of Natural Resources in Sault Ste. Marie. Marcia studied fine arts, culinary arts, and also obtained a diploma as a Developmental Services Worker, to support people with developmental disabilities. [Joan says that during her long Covid-19 sheltering at home, she has been the fortunate recipient of Marcia’s culinary skills!] After the girls grew up, Joan and Clayton were able to pursue her lasting urge to travel. They visited Bermuda, the Bahamas, Canary Islands and Britain (where they located the history of 5 generations of Joan’s ancestors at the church where her great-grandfather had served as vicar). Clayton passed away in 2008, and Joan has continued to support her friends and St. Tom’s as a faithful presence and a long-serving member of the ACW.

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### **Update on the Deanery’s Refugee Committee - November 1, 2020**

As of the evening of Oct. 21st (our most recent ZOOM meeting), the Committee has come to a pause in its work. After almost five years, we have completed six refugee sponsorships, ranging from a Syrian family of two (a mother and her adult son) to a Syrian family of six (four sons). The formal commitment to our sixth family (Democratic Republic of Congo) ended mid-September. Not surprisingly, our personal and informal ties to these families continue in various ways, and we often share news of these families at our regular meetings. For example, the Dad from our very first family is reportedly now happily working as an Amazon delivery driver, but still needs some surgery on an

injured knee, and two of our families have added Canadian-born babies to their households since their arrivals.

To put our committee's situation in context, since Dec. 2015 our 13 churches have contributed \$104,347.96 to fund the families – a remarkable amount of money. Very thankfully, we have received an additional \$16,398 from two sources: a regional dental grant and a Shapiro Foundation grant. As of Oct. 21st, our committee's bank account was down to \$2,281, which are monies that for the moment will be kept in trust as possible seed money for a seventh refugee family. Truth be told, we are a tad tired from all of the work that has been required to find inexpensive adequate local housing, furniture, housewares, clothes, kids' bicycles, OHIP cards, driver's licenses, occasional child care, both regular and special event transportation, bus passes, doctors and dentists and optometrists, driver training courses, good local neighbourhood grocery stores, bank accounts, bank loans, apartment insurance, appropriate credit cards, good helpful thrift stores, cellphones, basic computers, eyeglasses, adult education courses, moving vans, moving 'teams' (avg. age = 70+ !! ), legal support, government agencies with answers, tax return advice, links to prospective employers, and the list goes on. No one is complaining, but quite a few parishioners in our churches have been active for the full five years. – up to 61 committee meetings, both at parish halls and via ZOOM. And we're not getting any younger!

As a committee, we have decided to postpone any further sponsorships until at least the spring or summer of 2021, by which point

- a) the federal government may have resumed its bringing in of refugee families from overseas,
- b) there may be a COVID vaccine to protect everyone, and
- c) our local churches may be in a far better position to handle any call-outs for financial support for our deanery's refugee efforts.

We estimate we will need at least \$8,000 to start a seventh sponsorship, and roughly \$30,000 in total to sponsor a family of four for a full year. This last figure is substantial because we are now covering the airfare costs of our refugee families (which for a family of four can exceed \$5,000) so that the families are not burdened with an onerous debt at the end of their first year in Canada. When (and if) we reinvigorate our efforts, we are hopeful that we will be able to recruit a few new volunteers from our parishes (perhaps 6-10) to refresh our active subcommittees (e.g. transportation, shopping, medical needs).

I would like to thank all parishes who have contributed in many non-financial ways as well as much needed financial support. Please continue to reach out to your Parish Reps for any further updates regarding the status of the Deanery Refugee Committee.

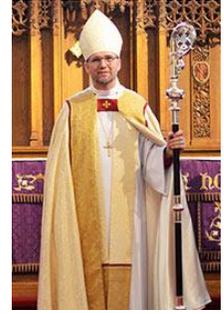
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## **A Summary of Bishop Todd's Direction as Outlined at the September Synod**

**Goal:** Much more meaningful impact in our surrounding neighbourhoods and communities. In order to be more open to God's desire for us and for the world, I'm asking that we shift the centre of gravity in every congregation of the Diocese of Huron from "operations" to "renewal and new creation", better revealing the marks of mission by

becoming a (1) learning church, (2) a just church, (3) a diverse church and (4) a new church.

***He does not want us to give up our present ministry and mission plan but revisit it and incorporate the above direction.***



**(1) A Learning Church**

Clergy leaders model this by being learners first, then teachers. Perhaps including an investment in using online content and small gatherings as the core and basis for weekly formation activity. We cannot rely on Sunday morning to do it all! Christian formation is first priority to become a learning church.

**(2) A Just Church**

A just church, justice, in our religious tradition, is “to make right”, to put right. We seek to be a church that makes wrongs right, and avoids injustice in the first place. i.e. In order to help with that, I’m appointing the Rev. Rosalyn Elm as Archdeacon for Reconciliation and Indigenous Ministry.

What goal should we set for going carbon-neutral? 2045? 2030?

**(3) A Diverse Church**

“We seem to be living in a world at war with its own diversity” – this is foolishness and is most destructive. Want to see a beauty that we’ve never seen before in our churches? Then embrace: multi- traditioned, multi-cultured, multi-lingual, multi-racial... Unity only in diversity!

**(4) A “New” Church**

This kind of new was also seen, in a new way, on the third day. Jesus was dead. Really dead. Three days dead. When all hope is gone. And God said, let there be life... in the face of this death.” Get up Jesus! You are the Risen One and there is a new creation. That is what our church is built upon. Is the present situation we are going through a disruption in our lives to shake up our world? Is it aimed to make us rethink our world to create something new?

So, in every decision, every grief, every opportunity, we will ask, “could this newness be the work of God? It looks like death, but maybe it’s something new, “is this a possible place where God’s new creation may take root?”

The above is a very brief overview of his talk. Hopefully it gives you a flavour of the direction he would like us to go.

*(submitted by Rick Furnival)*

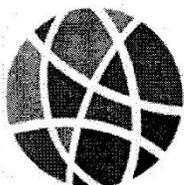
# Voices OF HOPE

## Haiti

Haitian people tend to associate the COVID-19 pandemic with politics due to mistrust of their government. As a result, people hide their illnesses and don't seek treatment in hospitals. Organized crime has left people in poorer neighbourhoods living in a state of fear, particularly those most vulnerable, pregnant women, children, disabled people, the elderly and the ailing. These conditions are compounded by the lack of adequate supplies to treat COVID-19 and most hospitals have closed.

Bénicie Pierre, CEO of the Saint-Laurent Healthcare Centre of Barbe, planned to close the Centre because of insufficient rooms and the lack of masks and medication but recognized that this would put pregnant women and sick babies at risk.

When local NGO Rayjon Share Care Haiti (with Canadian office in Sarnia, Ont.), learned of the centre's plight, it started looking for funding partners to help it stay open. PWRDF supported Rayjon Share Care Haiti (RSCH) with a grant of \$10,000 to educate people about COVID-19, encourage them to wear masks to protect them from being infected, and to find more rooms to receive the patients and appropriate medication.



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