

St. Thomas The Apostle Anglican Church

110 Francis Street, Cambridge ON, N1S 2A1

“KEEPING IN TOUCH – May 2021”

A FEW DATES TO MARK ON YOUR CALENDAR

- 1) Synod: Sun May 16 & Mon May 17
- 2) Ascension Day Thu May 13 (9am)
- 3) Baking for the Bridges Thu May 20
- 2) Pentecost Vigil: Sat May 22 (7pm) *“live streamed”*
- 3) **Cooking with the Greenes: Sun May 23 (4pm)

** If you haven't already, make sure you sign up for “Cooking with The Greenes” on the St. Thomas the Apostle Facebook page at least one day before the event.

Office hours in May: Thursdays 10:30 - 1:30 *(to ensure social distancing, please call Pastor Steve before going to the church)*

A PERSONAL PHILOSOPHY

*An article written years ago by “a parishioner” to The Newfoundland Churchman”
submitted by Joe & Norma Powell*

I am blessed, simply because I came to be.
I am challenged to become the best person I can.
I am committed that my efforts must be of benefit to others.
I am determined to be forthright and honest in all matters.
I am convinced that persistent effort earns good results.
I am resolved to build a reputation as a good, dependable person.
I am not going to live forever, nor perhaps even four-score-years.
I am not capable of being perfect because I am only human.
I am not assured of good health, nor freedom from adversity.
I am to forgive, but not to ignore truth and justice.
I am to remember that one success does not justify another failure.
I am to share endeavour, accomplishment and happiness with others.
I will pay friendly attention to all, with special and constant kindness, and contact of eye and touch, for loved ones.
I will regularly ponder my existence and my purpose, and renew my will to do good, bearing any shortcomings and disappointments with good grace, as part of the reality of life.



PARTNERSHIP WITH BELKA ENRICHMENT CENTRE

Belka Enrichment Centre is a non-profit organization that strives to develop the academic and social potential of children living in high-risk areas in and around the inner city of Toronto. During the Covid-19 pandemic, they have distributed culture respected food items, meals and Personal Protective Kits to new immigrants, seniors, international students, disabled youth and other youth in the African Caribbean community. They have currently partnered with our church to deliver needed PPE to our local homeless shelter, The Bridges. Pastor Steve made the first PPE delivery to the Bridges on April 22nd and will be making another delivery on May 20th.



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RIDDLE OF THE MONTH:

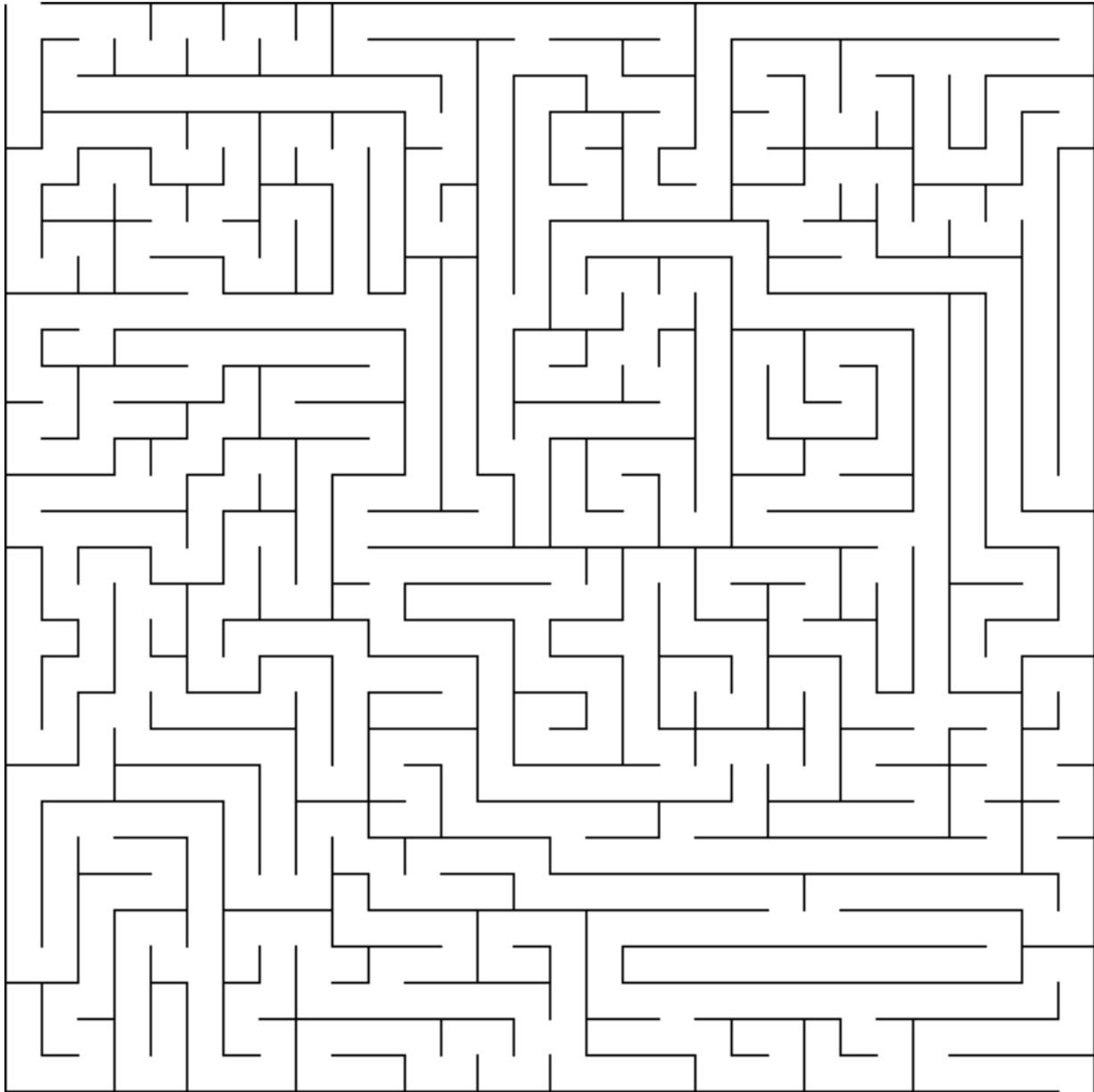
What English word has 3 consecutive double letters?



This is a tough one. First, think of words with double vowels. Hint: This is going to be a compound word where the first and last letters of those combined words will form one set of double letters. Good luck!

MOTHER'S DAY MAZE

Instructions: Trace the path through the maze. Help get the teddy bear to Mom for Mother's Day.



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Finish

PASTOR'S PONDERINGS

"April showers bring May flowers", the adage goes. I don't know about you, but the last two weeks we've had 21 degrees, flurries and as I'm typing, we're in a tornado watch (instituted by Environment Canada). The flowers may be coming in June....ugh. Despite the inconsistencies of the weather, global politics and many other issues, this month has two critical main stays. One date honours mothers; the other celebrates God the Holy Spirit descending upon the unsuspecting and diverse crowd. I have been blessed on having a wife, Tracy who is a phenomenal mother. She is caring, strong, loving, intelligent, faithful, a counsellor, an advocate and quite persevering. I've also been blessed to be surrounded by women (ie. mother, grandmothers, aunts) who exude those qualities. Thank you, Holy Spirit!

When growing up in Montreal, my mom would constantly and consistently redirect my pursuits from aiming on myself to glorifying Jesus. She would speak, show and lead a life that was purposeful, intentional and one that enjoyed the power, presence, goodness, love and faithfulness of God. Sound like anyone you may know? Someone you are called to worship?

The Holy Spirit helps us understand the richness and the mysteries of the Bible. He helps us to live a transformed life (Romans 1:16, 10:14-16). With new eyes and a new spirit, we are called to work. The world may spew that everything is random hodgepodge of loosely connected events strung together, however God is directing your steps and guiding your life (Acts 13:2, Acts 8:26-40). Another critical characteristic of the Holy Spirit is that He empowers His children to build up others, encourage others, especially the Church. He empowers us to witness (Acts 1:8), to speak the truth, to serve others (1 Peter 4:10) and to love. Sound like anyone you may know? Someone you are related to? We are given a love that is beautifully lived by Jesus. A love that is beautifully shown by the Holy Spirit. A love that is beautifully and sacrificially shown by mothers! Happy Mother's Day!

Your Servant-in-Christ, Steve+

Trivia

1. Who commanded the Sun and the Moon to stay still?
2. The name of Jacob's youngest son? Eldest son?
3. Which king had a sundial?
4. How many people were saved on the ark?
5. What Principal Feast Day comes before Pentecost? (hint: always on a Thursday)
6. What books come before and after "Daniel"?
7. Which Disciple found a coin in the mouth of a fish?

Answers

1. Joshua
2. Benjamin and Reuben
3. Hezekiah
4. 8
5. Ascension
6. Ezekiel and Hosea
7. Peter

Cooking With The Greenes - CHICKEN ENCHILADAS



On May 23, join us on St. Thomas the Apostle Facebook at 4pm for a Pentecost themed meal! We will be keeping it mild as we have little ones in the house but feel free to take yours to a tongues of fire level.

INGREDIENTS

1 medium onion, small diced	1 jalapeño, seeded and finely chopped
1 teaspoon oil	3 medium cloves garlic, finely minced
2 tablespoons chili powder	1 tablespoon granulated or brown sugar
2 teaspoons ground cumin	2 cans (8-ounces each) tomato sauce
1 cup water	
1 1/2 to 2 pounds boneless, skinless chicken breasts (<i>about 3 large chicken breasts</i>)	
1 cup (4 ounces) shredded sharp cheddar cheese	1 cup (4 ounces) shredded Monterey jack cheese
1/2 cup minced fresh cilantro	
12 (6-inch) soft corn or flour tortillas (<i>fajita-size if using flour tortillas</i>)	

INSTRUCTIONS

In a large saucepan, combine the onion, jalapeno, 1/2 teaspoon salt, and oil. Cover and cook over medium-low heat, stirring often, until the onions and peppers have softened, 8-10 minutes. Stir in the garlic, chili powder, cumin, and sugar, and cook until fragrant, 30 seconds or so. Stir in the tomato sauce and water. Bring to a simmer.

Nestle the chicken into the sauce. Reduce heat to low, cover, and cook until chicken is cooked through, about 10-15 minutes, depending on the size and thickness of the chicken breasts you are using. Transfer the chicken to a plate, and set aside to cool slightly. Continue to simmer the sauce over medium heat until slightly thickened, about 5 minutes.

Strain sauce through a fine mesh strainer into a medium bowl, pressing the onion mixture with a spoon or spatula to extract as much liquid as possible. Season sauce with additional salt & pepper to taste, if needed.

Transfer the leftover onion mixture from the strainer to a large bowl and set aside. Shred the chicken into bite-sized pieces and add to the onion mixture in the large bowl. Stir in 1/4 cup of the reserved enchilada sauce, 1/2 cup cheddar cheese, 1/2 cup Monterey Jack cheese and the cilantro. Toss to combine.

Stack the tortillas on a plate and cover with plastic wrap or damp paper towels. Microwave on high until warm and pliable, 40-60 seconds. Spread the tortillas on a clean work surface, and spoon 1/3 cup of the chicken mixture evenly down the center of each. Tightly roll each tortilla and lay seam-side down in a greased 9x13 inch baking dish.

Preheat the oven to 400 F. Pour the enchilada sauce evenly over the top of the enchiladas. Top with the remaining cheese. Cover the dish with foil and bake 20-25 minutes or until heated through.

Remove the foil and bake another 5 minutes, until the cheese browns. Remove from the oven and let stand 10 minutes before serving. Serve with sour cream, guacamole, salsa, additional cilantro, if desired.

Blessings, Tracy

Answer to Riddle of the Month: "bookkeeper"

A Chat with KATHY BROWN, our new Warden

by Susan Grenville

Kathryn Anne Wilson was born in Toronto in 1960, to Doreen and Don Wilson. Three years later, baby sister, Beverly, joined the family. Their individual journeys made for an interesting chat I recently had with Kathy.



In the early '50's, adventurous 18-year old Doreen and a friend decided to travel from their home in England "to work their way across Canada". While in Vancouver, the friend decided to return to England, but Doreen was not ready to leave. At a church meeting, she heard a speaker from the Anglican Training College (AWTC) in Toronto, and decided she would enrol there. AWTC was close to Wycliffe College, the Anglican school of theology, where she met a young Don Wilson. Don had an engineering degree, but had experienced what he described an "out loud" call to the church, so had enrolled at Wycliffe. When they married, Doreen had to leave the AWTC, since all scholarship funding was discontinued for married women.

In 1965, the family moved to Stayner, where Kathy and Beverly spent their early years. Kathy enjoyed bicycling, ice skating, participating in the Junior Auxilliary, and, especially, driving behind her Dad on his motorcycle. When Kathy was in high school, they moved to Roches Point, where she says she gave her parents their grey hair. When she was 16, they sold her their 2nd car, to keep her from buying a motorcycle. Her Dad "borrowed" it one morning to drive a few of the elderly church ladies to a meeting. As he turned the first corner, a beer bottle rolled out under one lady's foot!

Kathy couldn't decide what to study in University, so followed her Mum's example, and went to England for two years. There she lived in a house with 3 girls, and started her first job at Royal Insurance...a move that shaped her future. In addition to discovering England, she was able to spend vacation time in the South of France and Spain. Because her Mum was English, Kathy had been able to obtain a *Stamp of Patriality* on her passport that allowed her to 'be British' and even allowed her to vote while she was there. Unfortunately, that led to one distressing experience when she was travelling to the Continent. When her tour group was asked if everyone was British, Kathy answered 'yes'. On the way back, however, she ran into trouble at the border, when it was noticed that she had a Canadian passport. *Advice: Beware the Stamp of Patriality!* On her return to Canada, Kathy travelled with a 3-foot tall Pink Panther stuffed toy. [I wonder what poor person had to sit next to them.]

While living temporarily with her parents in Toronto, Kathy again contemplated university, but realized she had really liked her job in the insurance industry in London. She followed that career path throughout her work years, until her retirement from Manulife, Waterloo, in 2017.

She met Jim Brown, the friend-of-a-friend, when they were double dating. Kathy was impressed with his motorcycle, and eventually bought herself one. They spent a lot of time together as 'just friends', until they realized that the two of them should be a couple. In September of this year, they will celebrate their 35th Anniversary. They have always enjoyed camping, and more recently, kayaking. Upon retirement, they took an 8½ week trip to Vancouver, the Grand Canyon, San Francisco, and back. We all know Kathy and Jim's family, who grew up at St. Tom's. Son Andrew has just returned from 3 years at Google in San Francisco, where he worked in Internal Security. He and his girlfriend, Brittany and their 2 cats live in Kitchener. Daughter Samantha (Sammi) just got engaged! Sammi's passion has always been animals. Guido, the family dog for 11 years, frequently showed up to sit under her feet at St. Tom's.

St. Tom's is blessed to have a warden with Kathy's deep faith. She shared the lessons by which she lives:

#1 - Pray from your heart about everything; then, as hard as it is, try to forget the things that are upsetting you and fully trust that God will act on your prayers for the best.

#2 - Follow the 2nd commandment -> love people as much as God loves us. She finds the famous "WWJD" (*What would Jesus do?*) very helpful.