

St. Thomas The Apostle Anglican Church

110 Francis Street, Cambridge ON, N1S 2A1

"KEEPING IN TOUCH – June 2021"

A FEW DATES TO MARK ON YOUR CALENDAR

- 1) Baking for the Bridges Thur June 24 (*drop off at St Tom's between 10:30 & 1:30*)
2) Cooking with the Greenes** Thur June 24 (*time to be announced & recipe to follow*)

** If you haven't already, make sure you sign up for "Cooking with The Greenes" on the St. Thomas the Apostle Facebook page at least one day before the event.

Office hours in June: Thursdays 10:30 - 1:30 *(to ensure social distancing, please call Pastor Steve before going to the church)*



HERE'S SOMETHING INTERESTING → FREE GRCA PASSES

Did you know that due to a generous donation from Toyota to the Grand River Conservation Foundation, you can borrow a GRCA Parks membership card from your local library, free of charge? The card provides day use entry to 10 GRCA parks and the Luther Marsh Wildlife Management Area, for up to 6 people in one vehicle. Contact the library for more information.

*...and a BIG Welcome to
our newest Canadian
parishioners*

"the Bahavu Twins"

Congratulations to James & Esperance
on their new arrivals and to Cedric and
Ariane on their new little brothers!



PASTOR'S PONDERINGS - The Call to Work

Commit your work to the Lord and your plans will be established (Proverbs 16:3)

At first glance, June may seem an odd time to talk about our work. It is after all, the month when the school year ends; the thoughts and promptings of family vacations begin! We intend to get away and to enjoy the Sun, sand and sea (or specifically our Great Lakes). It is a time we need to remember that there is much work to be done. We need to work on and work out our deeply personal and internal dramas that have left us swirling in the seas of confusion and chaos due to the many tragedies of the last year.

It is in June, we celebrate Corpus Christi (June 3), the institution of the Holy Eucharist. It is in June we celebrate the lives of St. Barnabas (June 11), St. John the Baptist (June 24) and the faithful lives of Saint Peter and Saint Paul (June 29). It is in this month, with the sunshine and cold drinks that we cannot forget nor dismiss the work and gifts God has invested into our lives. It is in June we need to continue to work on the deep listening and yielding to His voice.

Think of Jesus in the desert as He battled Satan for forty days. Think of Paul and Barnabas as they undertook missionary journeys and defended Gentile converts against the Judaizers. Think on the last fourteen months, you have felt distant and separated from friends, family members, your church family...sometimes feeling lost and separated from yourselves, your routines, your rhythms...maybe also feeling distant and separated from God. We too have been called to work the dry spaces of our lives, the barren places of our projected dreams. This is where the true and enrichening work begins! It is in the desert Jesus was called to the indomitable work of the cross. It was in the Philippian prison, where Paul and Barnabas sat and were willing to go through the wrongful beatings and accusations due to their unavoidable work for the Kingdom. It was the work of John to be the Messiah's forerunner. It was the work of Peter to profess the power and presence of God to his Jewish contemporaries.

We have journeyed the fifty days of the Easter season. We have celebrated the holy day of Pentecost, calling the Holy Spirit to come, to work and transform our lives. We have celebrated Trinity Sunday, honouring and adoring the mystery and majesty of the Triune God! The school year may have come to another close and we may be planning limited Summer excursions, yet we have faithful work that still needs to be done.

Your Servant-in-Christ, Steve+

Do You Know?!

1. When and where was the first Father's Day celebrated?
2. Who founded the day to celebrate the relationship between child and father?
3. Who were the Apostolic Fathers?
4. Who was the father of Saul?
5. Which father came to Jesus to seek help for his little daughter who lay at the point of death?
6. How many kings of Judah were there? How many kings of Israel were there?
7. What did Melchizedek give to Abram?





HELPING OUR FRIENDS AT GVI (Grand Valley Institution for Women)

Might you be able to help with any of the following?

- Social Programs: Knitting yarn would be very much appreciated. They're not asking us to buy wool, just donate any leftovers which we may already have.
- Mental Health Programs: Coloured pencils (pencil crayons) are always needed in this program.
- Personal Care Items: Personal care items for women to take with them when they are first released from prison (most needed now -> hair conditioner, body wash, cleaning wipes, small packages of personal "ultra thin" hygiene pads (not pantiliners and tampons) Please buy the "regular" sized items, not large, jumbo or travel size.
- "Bridgecare" Volunteers: "Bridgecare" is a faith-based, transitional support group for women who are leaving the criminal justice system and transitioning back into the community. It is an essential interim step before former prisoners are connected directly into a church community. Volunteers are very much needed from the Cambridge and K-W area.
- "Life Jolt": Develop a better understanding of the prison experience by listening to the CBC podcast "Life Jolt" which in prison jargon means "life sentence".



If you have wool, pencil crayons or hygiene items to donate, please call **Kathy Brown (519) 624-6451**. If you would like more information about the "Bridgecare" volunteering opportunity, please email **Cheryl Highmore** (Trinity Anglican Church) at chighmore@gmail.com.

Answers to Pastor's Ponderings questions

- 1) June 19, 1910 in Spokane, Washington
- 2) Mrs. Sonora Smart Dodd
- 3) To name a few: Clement of Rome, Ignatius of Antioch, Polycarp of Smyrna and some of writings (anonymous): *Didache* (Teaching of the Twelve Apostles) and *Shepherd of Hermas*
- 4) Kish
- 5) Jairus (his name means *God enlightens*)
- 6) 20/19
- 7) Bread and wine



RIDDLE OF THE MONTH:

What do you get when you cross a shepherd dog with a rose?



A Chat with CANON KAREN KOVATS

by Susan Grenville

Karen Sendall was born at St. Joseph's Hospital, Hamilton, in 1951. Her father had grown up in Toronto, her mother in Welland. Her maternal grandmother owned the Station Hotel, and her paternal grandfather who ended up moving to Welland, was a butcher (a business he kept until he was 89 years old)! Karen's Mom, Lucille, met Dick Sendall at a dance in Port Colborne. Although she didn't hear from him afterwards, when she needed a date for her workplace Christmas party that year, Lucille asked Dick to accompany her. [Good for you, Lucille!] They were married within the year, and moved to Hamilton, where Dick was employed by Stelco.



Baby Karen was born the following year, followed by brother, Richard and sister, Jill. When she was 12 the family moved to Dundas. Karen says it was tough being a big sister, as she had to live by all the rules and regulations and "had to be a role model" for her siblings. When she was a teenager, before going out with friends, her Dad had to have an answer to the 5 W's and How, but she was shocked when a teenage Jill could say "I'm going out", and her Dad would respond with "Have a good time." In spite of the stricter rules for the eldest child, Karen sang in the Anglican church choir, taught Sunday School, enjoyed the Presbyterian Youth Group, was the Girls Athletic Association representative, played volleyball and basketball, and attended dances.

After high school, Karen studied Home Economics and English at the University of Western Ontario. After graduation, she secured a job as a Personnel Management Trainee at Zellers. From there, she moved to the Human Resources department at Conestoga College, managing all aspects of hiring and benefits. For the last 25 years in H.R., she managed the training and development function in the Human Resources Department at the University of Guelph.

Karen first met Dave Kovats through a friend. She and Karen were going out together for a meal when her male friend invited himself and his "pal" Dave to join them. Karen was not impressed by Dave's "overly friendly" approach to the waitresses that night. As fate would have it, they ran into each other at Tim Horton's a few months later, and even later in the hallway of Conestoga College, where Karen was working and Dave was studying Real Estate. They recently celebrated their 39th wedding anniversary! Their son, Aaron, age 38, teaches 1st grade, and is Dad to 3-year old Marco. Kendra, age 36, teaches Kindergarten, and is Mom to 5-year old Nora and 17-month old Micah. Karen and Dave are *proud* grandparents who are looking forward to the end of the Covid-19 shutdown so they can enjoy their family at their summer cottage in Red Bay on Lake Huron.

The family came to St. Tom's when Kendra was just 3 months old. She and Karen's nephew were baptized there together, by The Rev'd. Doug Layzell. Over the years, Karen taught Sunday School, served as SS Superintendent, Vestry Clerk, & Parish Council Secretary. She sang in the choir with Clayton McFadden, Colin Harrington, Chris Coady, Donna MacIntosh and Georgina Vokey. When she learned about Christian Education courses at Renison College, she signed up. With Dave's continuing support, she worked full time, served as President of Big Sisters, studied in the evenings and on weekends, and attended church at St. Tom's with her family on Sundays. The Rev'd Don Davidson challenged her to assess a call to the ordained Diaconate and she eventually switched her courses to the Diaconal Track. It was 10 years between the start of her journey and her ordination in 2003.

Canon Karen's ministry has included a Saturday morning Rainbows & Butterflies program for children at the housing complex on Southwood Drive, as Chaplain to Cara's Hope Maternity Home, and as the Chaplain at two Long Term Care facilities. She has offered the Alpha and Safe Church courses here at St Tom's and to other parishes. She has served on the Diocesan Deacons Board, where she was a mentor to other deacons, and also on the Strategic Planning Implementation Group and the Bishop's Committee on Mission and Ministry. She was honoured by Bishop Bob Bennett to serve as his Bishop's Chaplain for 6 years and the Bishop named her a Canon of the Cathedral Chapter of Canons.

Canon Karen has continued to serve our church. She says that working in long term care is a privilege that has taught her many lessons about servanthood, faith, and about the uniqueness of the individuals God calls us to love. She strives to "Trust in the Lord with all your heart, and lean not on your own understanding." Thank you, Canon Karen for the example you are to the rest of us.



Summer Word Scramble

Instructions: Unscramble the letters to find the Summer words from the list below.

s g l h u t n i

I t e r c a l p r i a

c p p o e l i s

n w s g i m m i

a t n i v a o c

s u a s s g l e n s

m r p a e e t u t e r

s t o o q i u m

a e m b l l u r

l t r u f b y t e

s e i n s h n u

n t s c s d a a e l



Answers to Summer Word Scramble

Sunlight, caterpillar, popsicle, swimming, vacation, sunglasses, temperature, mosquito, umbrella, butterfly, sunshine, sandcastle

BROTHERHOOD OF ANGLICAN CHURCHMEN (BAC)

At the last Deanery of Waterloo meeting, Wilf Clegg from St. John's, Preston did a short talk about the Brotherhood of Anglican Churchmen. Wilf has been a member of BAC for many years and says it's a wonderful organization. The aim of this brotherhood is to build a growing Christian Community where the men of a Diocese may receive spiritual refreshment and share Christian fellowship and concerns with one another. For more information please call **Wilf Clegg** at (519) 505-2085 or email him at wilfclegg931@gmail.com or refer to the BAC national website: www.bac.bowerman.ca/national.



Answer to Riddle of the Month: “*a collie-flower*”

RECIPE OF THE MONTH → Ice Cream Cake

- 1 ¼ cups chocolate baking crumbs OR Graham cracker crumbs
 - ¼ cup melted butter
 - 2 flavours of ice cream OR 1 flavour of ice cream + 1 flavour of sherbet
 - Real whipping cream (in the carton, not in the spray bottle)
 - “spring form” pan
-
- combine crumbs and butter and press into the bottom of the spring form pan
 - cover with saran wrap and put in freezer for 15 minutes
 - meanwhile, take first flavour of ice cream out of freezer to begin softening
 - once just soft enough to spread, take pan out of freezer & spread a thick layer of ice cream on the base (1 ½” – 2” thick)
 - put everything back in freezer & take out next flavour of ice cream or sherbet to start softening
 - repeat with second layer then put back in freezer for at least 15 minutes
 - whip the cream and spread a thick layer on top of the cake & put back in freezer
 - decorate with any or all: whip cream rosettes, frozen berries, drizzled chocolate, sprinkles, etc.

HINTS: contrasting colours of ice cream or sherbet look best / if using vanilla, put on bottom layer so coloured ice cream contrasts with the top layer of white whipped cream / if you wish, you can use food colouring to tint the whipped cream / leave in freezer until 10 minutes before eating, then heat a knife in a tall glass of hot water to slice the cake. YUM!